

MAINS

SOUP OF THE DAY WITH TOAST	€5
SALAD OF THE DAY 1, 2 OR MIX OF 3	€8.50
MAMMA'S PORK MEATBALLS SERVED WITH TOAST, ROCKET SALAD & PARMESAN	€11
WARM CHICKEN CAESAR WITH ROAST GARLIC MARINATED CHICKEN ANCHOVIES OPTIONAL	€11
VEGETARIAN PASTA OF THE DAY GLUTEN FREE PENNE PASTA WITH HOMEMADE PESTO ADD GARLIC MARINATED CHICKEN BREAST	€9.50 €2
22 FREE RANGE EGG FRITTATA VEGETARIAN OR MEATY	€5.90

SANDWICHES

'COPPA' HOMEMADE TUSCAN SAUSAGE, ROASTED RED PEPPER, RED ONION, ROCKET & AIOLI ON CIABATTA	€6.90
KALEY – SAUTÉED KALE, SUNDRIED TOMATO, MOZZARELLA, PESTO AIOLI ON BROWN MULTI SEED	€6.20
HAM & CHEESE – FANCY.. SERRANO HAM, ASIAGO CHEESE, TOMATO & GARLIC PUREE ON A TOASTED BAGUETTE	€6.50
SALMON – IRISH SMOKED SALMON, CUCUMBER, BEETROOT, HORSERADISH YOGHURT, BABY SPINACH ON OUR HOMEMADE GUINNESS & TREACLE BREAD	€8.50
PORK – SLOW COOKED SHOULDER, RED APPLE, PICKLED GHERKIN, DIJON & AIOLI ON ORGANIC SOURDOUGH	€7.50
GOATS – GOATS CHEESE, HONEY & THYME ROASTED BUTTERNUT SQUASH, BEETROOT & SPINACH ON BROWN MULTI SEED	€6.20

MAKE IT A COMBO...

ADD CUP OF SOUP	€2.50
ADD 1 SALAD	€3
ADD MIX SALAD	€4

DRINKS...

VINO	€6/€24
PROSECCO	€7/€34
PERONI	€5.50

JOIN US FOR

APERITIVO WEDNESDAYS
WITH COMPLIMENTARY ITALIAN
NIBBLES FROM 5-9PM

DAILY 8AM-12PM & ALL DAY WEEKENDS FREE RANGE SCRAMBLED EGGS W/ ORGANIC SOURDOUGH..
YOUR CHOICE OF EITHER COPPA SAUSAGE €8.50– VINE TOMATO & AVOCADO €7.50 – CHORIZO & SMOKED
PAPRIKA €8 – SERRANO HAM & VINE TOMATO €8 – IRISH SMOKED SALMON & AVOCADO €9.50